

Declining an invitation and giving excuses in spanish

Reasons for not being able to go out

Lo siento pero no puedo salir contigo porque I am sorry but I cannot go out with you because...

...no siento bien-I don't feel well / me siento mal – I feel bad/ awful

...estoy constipado/a – I have a cold (DOES NOT MEAN THAT THE PERSON IS CONSTIPATED)

...tengo dolor de cabeza – I have a headache

...estoy mareado/a – I feel dizzy

... tengo (otro compromiso/ otros planes) – I have other plans

... tengo que hacer mis deberes- I have to do my homework